

## Short communication

Sensitivity of histamine H<sub>3</sub> receptor agonist-stimulated [<sup>35</sup>S]GTPγ[S] binding to pertussis toxin

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Received 19 September 1995; revised 20 November 1995; accepted 21 November 1995

**Abstract**

The effect of histamine H<sub>3</sub> receptor-selective ligands on [<sup>35</sup>S]guanosine 5'-o-(γ-thio)triphosphate ([<sup>35</sup>S]GTPγ[S]) binding has been examined in rat cerebral cortical membranes. *R*<sup>α</sup>-Methylhistamine and *N*<sup>α</sup>-methylhistamine produced a concentration-dependent stimulation of [<sup>35</sup>S]GTPγ[S] binding which was attenuated in the presence of the selective histamine H<sub>3</sub> receptor antagonist thioperamide. In addition, treatment of brain membranes with pertussis toxin abolished the histamine H<sub>3</sub> receptor agonist stimulated binding of [<sup>35</sup>S]GTPγ[S]. These results provide the first evidence that histamine H<sub>3</sub> receptors couple directly to a G<sub>i</sub>/G<sub>o</sub> protein in mammalian brain.

**Keywords:** [<sup>35</sup>S]GTPγ[S] binding; Histamine H<sub>3</sub> receptor; G-protein; Pertussis toxin

**1. Introduction**

The ability of pre-synaptic histamine H<sub>3</sub> receptors to inhibit neurotransmitter release in mammalian brain (Hill, 1990) suggests that, like adenosine A<sub>1</sub> receptors (Fredholm et al., 1994), the histamine H<sub>3</sub> receptor can couple to the G<sub>i</sub> or G<sub>o</sub> class of guanine nucleotide binding proteins (G-proteins). The signal transduction mechanism for histamine H<sub>3</sub> receptors is still unclear. Evidence suggesting that histamine H<sub>3</sub> receptors are coupled to their effector system via a G-protein has come from studies of [<sup>3</sup>H]H<sub>3</sub> agonist binding, which has been shown to be regulated by guanine nucleotides (Arrang et al., 1990; Zweig et al., 1992; Clark and Hill, 1995). Furthermore, Endou et al. (1993) observed that the histamine H<sub>3</sub> receptor modulation of noradrenaline release from sympathetic nerve endings in guinea pig myocardium was attenuated by pertussis toxin pretreatment, suggesting that histamine H<sub>3</sub> receptors are coupled to a G<sub>i</sub>/G<sub>o</sub> protein. [<sup>35</sup>S]GTPγ[S] binding allows measurement of agonist stimulated G-protein activation independently of the second messenger sys-

tem (Lazareno and Birdsall, 1993). This technique has been used successfully to study several receptor-G-protein interactions in both transfected cells (Lazareno and Birdsall, 1993), and membranes prepared from porcine atria (Hilf et al., 1989), bovine brain (Lorenzen et al., 1993) and rat brain (Sweeney and Dolphin, 1995). The aims of the present study were to investigate histamine H<sub>3</sub> receptor-G-protein coupling in rat cerebral cortical membranes, by observing: (i) the effects of histamine H<sub>3</sub>-selective ligands on [<sup>35</sup>S]GTPγ[S] binding and (ii) the sensitivity of histamine H<sub>3</sub> receptor agonist stimulated binding to pertussis toxin.

**2. Materials and methods***2.1. Tissue preparation*

Cerebral cortices were dissected from male Hooded Lister rats (300–400 g) and disrupted by hand using a ground glass homogenizer in 20 volumes of Tris·HCl buffer (50 mM, pH 7.4). Homogenates were centrifuged twice at 20 000 × *g* for 10 min. The final pellet was resuspended in 50 volumes of buffer and stored as aliquots at –20°C. Samples were used within one month of preparation and protein concentration was determined by the method of Bradford (1976).

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## 2.2. [ $^{35}$ S]GTP $\gamma$ [S] binding assay

Membranes (50  $\mu$ g, pre-treated with adenosine deaminase 1 U/ml), were incubated in 1 ml of assay buffer A (50 mM Tris·HCl, 100 mM NaCl, 10 mM MgCl<sub>2</sub>, 10  $\mu$ M GDP, 0.1 nM [ $^{35}$ S]GTP $\gamma$ [S], pH 7.4), for 30 min at 25°C. Non-specific binding was determined in the presence of 10  $\mu$ M non-radioactive GTP $\gamma$ S. The reaction was terminated by filtration (using a Brandel cell harvester), through Whatman GF/B filters, pre-soaked in ice-cold water. Filters were washed twice with 4 ml ice-cold water and then subjected to liquid scintillation counting (75% efficiency).

## 2.3. Pertussis toxin pre-treatment

Membranes were incubated in assay buffer B (50 mM Tris·HCl, 1 mM EDTA, 1 mM dithiothreitol, 1 mM MgCl<sub>2</sub>, 0.1 mM GTP, 1 mM ATP, 10 mM thymidine, 10 mM NAD, 10 mM nicotinamide, pH 7.4), in the presence or absence of pertussis toxin (3  $\mu$ g/mg protein, pre-activated with dithiothreitol in phosphate buffered saline buffer, 40 mM 10 min), for 60 min at 30°C. Membranes were collected by centrifugation (36 000  $\times$  g, 15 min, 4°C), then resuspended in assay buffer A, and used immediately for [ $^{35}$ S]GTP $\gamma$ [S] binding.

## 2.4. Drugs

[ $^{35}$ S]GTP $\gamma$ [S] (specific activity 1200–1400 Ci mmol<sup>-1</sup>) was obtained from NEN DuPont, (Herts.,

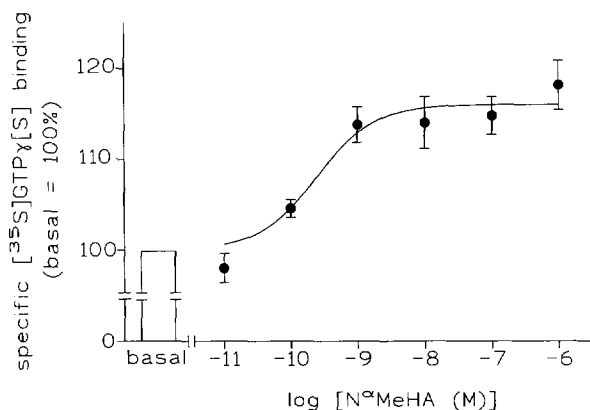


Fig. 1. Stimulation of specific [ $^{35}$ S]GTP $\gamma$ [S] binding by the histamine H<sub>3</sub> receptor agonist, *N* $\alpha$ -methylhistamine in rat cerebral cortical membranes. Results (mean  $\pm$  S.E.M.) represent combined data from five separate experiments, in which each point was the mean of six determinations. Data points were fitted to a three-parameter logistic equation using the non-linear regression program Inplot4 (ISI), to the equation: stimulation of specific binding =  $(E_{\max} - B)/(1 + EC_{50}/A) + B$ , where  $B$  = basal (i.e. 100%),  $E_{\max}$  = maximal stimulation,  $A$  = agonist concentration and  $EC_{50}$  is the concentration of agonist producing half-maximal response. 0.1  $\mu$ M mepyramine and 10  $\mu$ M tiotidine were present in all incubations.

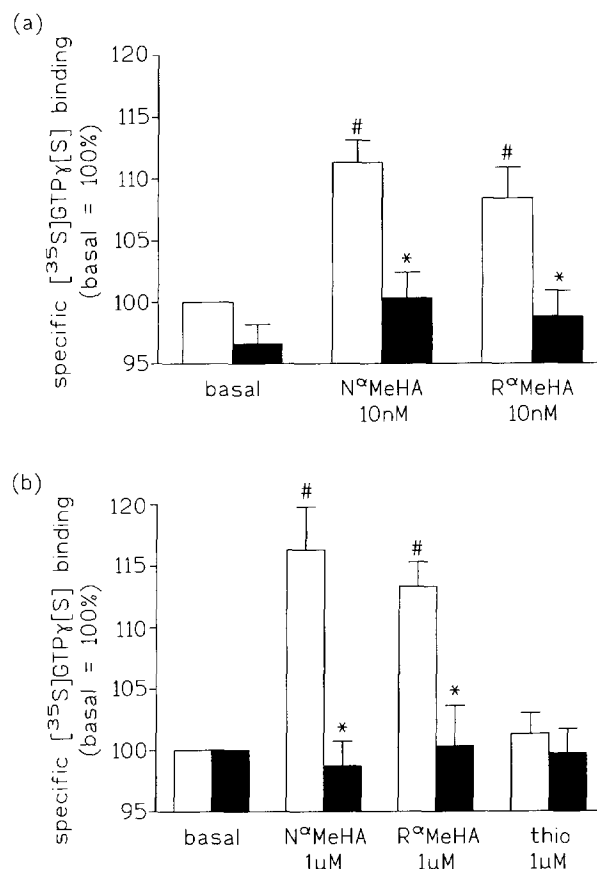


Fig. 2. Effect of (a) thioperamide and (b) pertussis toxin on histamine H<sub>3</sub> agonist stimulated specific [ $^{35}$ S]GTP $\gamma$ [S] binding. Open bars ( $\square$ ) represent control values and closed bars ( $\blacksquare$ ) represent specific binding (a) in the presence of 1  $\mu$ M thioperamide ( $n = 4$ ), and (b) in membranes pre-treated with pertussis toxin (3  $\mu$ g/mg protein,  $n = 3$ ). 0.1  $\mu$ M mepyramine and 10  $\mu$ M tiotidine were present in all incubations. \* $P < 0.05$  compared to basal (Student paired  $t$ -test) or \* $P < 0.05$  compared to control (open bars; paired  $t$ -test).

UK). Non-radioactive GTP $\gamma$ S and mepyramine maleate were purchased from Sigma Chemical Co. (Dorset, UK). *R* $\alpha$ -Methylhistamine dihydrochloride, *N* $\alpha$ -methylhistamine dihydrochloride and thioperamide were obtained from Smith-Kline French laboratories (Herts., UK) and tiotidine from ICI Pharmaceuticals (Macclesfield, UK).

## 2.5. Data analysis

Data are expressed as mean  $\pm$  S.E.M. and  $n$  represents the number of individual experiments performed. Statistical analysis was performed using a Student paired  $t$ -test and  $P < 0.05$  was taken as the level for significance.

## 3. Results

In the presence of selective histamine H<sub>1</sub>/H<sub>2</sub> receptor antagonists (mepyramine 0.1  $\mu$ M and tiotidine

10  $\mu\text{M}$ ), the histamine  $\text{H}_3$  receptor agonists  $N^\alpha$ -methylhistamine ( $\text{EC}_{50} = 0.25 \pm 0.06$  nM, maximal stimulation =  $116.0 \pm 1.2\%$ ; basal = 100%,  $n = 5$ ,  $P < 0.01$ ) (Fig. 1), and  $R^\alpha$ -methylhistamine ( $\text{EC}_{50} = 0.42 \pm 0.12$  nM, maximal stimulation =  $117.8 \pm 2.5\%$ ; basal = 100%,  $n = 14$ ,  $P < 0.01$ ), produced a concentration-dependent stimulation of specific [ $^{35}\text{S}$ ]GTP $\gamma$ [S] binding (specific binding represented 2000–3000 dpm and non-specific binding accounted for 25–35% of total binding). Histamine  $\text{H}_3$  receptor agonist stimulated binding was attenuated in the presence of the selective histamine  $\text{H}_3$  receptor antagonist, thioperamide (1  $\mu\text{M}$ ) (Fig. 2a). Histamine  $\text{H}_3$  receptor antagonists were without effect on the non-specific binding of [ $^{35}\text{S}$ ]GTP $\gamma$ [S]. Furthermore, specific [ $^{35}\text{S}$ ]GTP $\gamma$ [S] binding elicited by maximally effective concentrations of histamine  $\text{H}_3$  receptor agonists was completely abolished by ADP-ribosylation of the  $\text{G}_\alpha$ -subunit using pertussis toxin (3  $\mu\text{g}/\text{mg}$  protein) (Fig. 2b). These data suggest that the response to histamine  $\text{H}_3$  receptor agonists is sensitive to inhibition by pertussis toxin across a wide concentration range. The presence of thioperamide or pre-treatment with pertussis toxin had no significant effect on basal [ $^{35}\text{S}$ ]GTP $\gamma$ [S] binding.

#### 4. Discussion

Our observation that histamine  $\text{H}_3$  receptor agonists stimulate specific [ $^{35}\text{S}$ ]GTP $\gamma$ [S] binding in rat cerebral cortical membranes provides the first direct functional evidence that histamine  $\text{H}_3$  receptors are coupled to their effector system via a G-protein. These results substantiate the findings from radioligand binding studies, in which guanylnucleotides have been shown to regulate the binding of radiolabelled histamine  $\text{H}_3$  receptor agonists to histamine  $\text{H}_3$  receptors (Arrang et al., 1990; Zweig et al., 1992; Clark and Hill, 1995). The inhibition of  $\text{H}_3$  receptor-mediated stimulation of [ $^{35}\text{S}$ ]GTP $\gamma$ [S] binding in brain membranes by pertussis toxin is also consistent with the pertussis toxin sensitivity of the electrophysiological responses to histamine  $\text{H}_3$  agonists in guinea-pig myocardium (Endou et al., 1993). These data suggest that the histamine  $\text{H}_3$  receptor belongs to the family of  $\text{G}_i/\text{G}_o$  protein coupled receptors.

#### Acknowledgements

The authors would like to thank Glaxo/Wellcome Group Research and the Medical Research Council for their financial support.

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